

LADIES' HomeJournal

MARCH 2011

Smarter Ways To
**Organize
Your
Kitchen**

A Get-Real Guide
To Romance
For Grown-Ups

PRETTIEST
NEW CLOTHES
FOR SPRING

**EASIEST DINNERS
FROM TOP TV CHEFS**

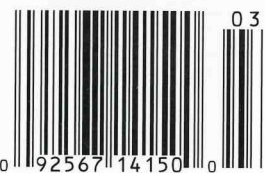
TRY RACHAEL RAY'S
SIMPLE STEAK RECIPE

The Heart-Health Danger
That Threatens Women

EXCLUSIVE INTERVIEW

**Country Superstar
Miranda Lambert**

\$2.49 U.S.



LHJ.com

We polled skin, hair and makeup experts to create a list of beauty products that really, truly do what they promise.

1st Annual

“This Stuff Works”

BEAUTY AWARDS

CONCEALER (1)

A lot of concealers can make you look older, but the creamy consistency of Amazing Cosmetics Amazing Concealer, \$28, leaves skin with a luminous finish. It has the perfect amount of peachy undertones to camouflage dark undereye circles.



← **Rebecca Restrepo**,
New York City-based
celebrity makeup artist



MASCARA (2)

CoverGirl Lash Blast Fusion Mascara, \$7, is everything I need. It plumps and lengthens lashes really dramatically. I rely on three coats for day and four for evening to glam up my look.



← **Ashunta Sheriff**,
celebrity makeup artist in
New York City



FOUNDATION (3)

The combo of corrective pigments and antiaging serum in L'Oréal Paris's Visible Lift Serum Absolute, \$15, makes it my new favorite. It evens out the skin tone and leaves a luminous finish.



← **Mickey Williams**, New
York City-based makeup artist



LIPSTICK (4)

MAC makes the best lipsticks, \$14.50. They're highly pigmented and come in every shade under the sun! Plumful is a gorgeous new color for spring.



← **Nadine Haobsh**, blogger
(NadineJolie.com)



BLUSH (5)

I love Nars Blush in Orgasm, \$27. The powder is superfine, so it can be easily blended. The color flatters practically every skin tone and has a touch of shimmer that catches the light and creates a beautiful glow.



← **Gita Bass**, celebrity
makeup artist in New
York City



NAIL POLISH (1 & 2)

No one does light pink, nude and natural colors better than Essie Nail Polish, \$8. And you can't beat Chanel Nail Colour, \$23, for its dark, cult-classic shades. [Pictured, Essie's Sand Tropez and Chanel's Black Pearl.]



← **Kari Solynjtes**, blogger (FabOverForty.com)

BROW PENCIL (3)

Maybelline New York Define-A-Brow Pencil, \$7, makes grooming easy. The texture is just right—not too oily or waxy—so you always get a natural look. The comb is



key, too, since you should always brush and blend the color after applying.
← **Sania Vucetaj**, brow specialist in New York City

DAY CREAM (4)

Many of my patients ask me to recommend products with natural ingredients. I like Aveeno Positively Ageless Lifting & Firming Daily Moisturizer



SPF 30, \$21, which contains mushroom extract to fight collagen breakdown.
← **Jessica Wu, M.D.**, Los Angeles dermatologist

ANTIAGING TREATMENT (5)

Retinol has more scientific evidence showing that it works as an antiager than any other ingredient. Roc Retinol Correxion Deep Wrinkle Serum, \$22, is my drugstore favorite. It absorbs



quickly and you can apply a traditional moisturizer over it without feeling greasy.
← **Heidi Waldorf, M.D.**, New York City dermatologist

NIGHT CREAM (6)

As a dermatologist I judge products based on how they perform in clinical trials. Olay's Regenerist Night Recovery Cream, \$19, is one of the



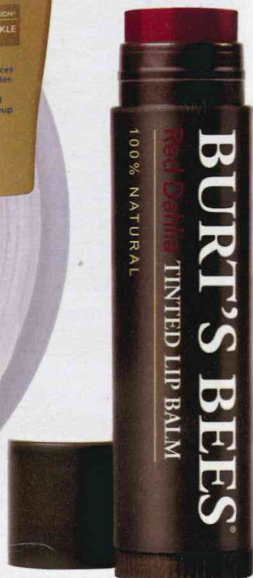
few treatments that has been consistently shown to improve the signs of aging.
← **Anne Chapas, M.D.**, New York City dermatologist

LIP BALM (7)

Burt's Bees Tinted Lip Balm in Red Dahlia, \$7, is my newest obsession. It's got tons of moisture and a gorgeous, natural tint—everything I want for my lips. Plus it's earth-friendly, so I feel extra good about using it.



← **Erica Metzger, L.H.J.** Beauty Director





FACE CLEANSER (1)

CeraVe Hydrating Cleanser, \$11.50, is a skin staple. It's very gentle and contains ceramides to boost moisture.



← **Brooke Jackson, M.D.**, Chicago dermatologist

SMOOTHER (2)

Fekkai Advanced Brilliant Glossing Cream, \$23, works wonders on coarse and curly hair that needs frizz control and extra shine.



← **Allison Woodruff, stylist** at Marie Robinson salon in New York City

BODY LOTION (3)

Vaseline Intensive Rescue Soothing Moisture Lotion, \$3, helps rough, dry skin repair itself. It contains glycerin, an ingredient that significantly boosts the amount of moisture your skin can hold on to.



← **Ava Shamban, M.D.**, Santa Monica, California, dermatologist

HAIR COLOR (4)

L'Oréal Paris Féria Multi-Faceted Shimmering Haircolor, \$10, offers



perfect results every time and application is a cinch for the at-home colorist.
← **Tippi Shorter, celebrity stylist** in New York City

SUNSCREEN (5)

Neutrogena Ultra Sheer Body Mist Sunblock SPF 70, \$11, is easy to apply to large areas—and moving targets like kids and husbands! Plus it has Helioplex, a super-effective UVA and UVB blocker.



You can't beat its protection.
← **Susan Van Dyke, M.D.**, Paradise Valley, Arizona, dermatologist

SHAMPOO AND CONDITIONER (6)

Pantene Pro-V Restore Beautiful Lengths Shine Enhance Collection is a fantastic drugstore buy. The shampoo, \$6, brightens dull hair and the conditioner, \$6, is an ultra-nourishing treatment.



← **Kim Guedner, stylist** at Rita Hazan in New York City